

Patient Name: _____ Patient DOB: ____ / ____ / ____ Date: ____ / ____ / ____

PATIENT HISTORY

Medical Conditions	Additional Information
High blood pressure	<input type="checkbox"/> YES <input type="checkbox"/> NO
Heart Disease	<input type="checkbox"/> YES <input type="checkbox"/> NO
COPD/Chronic Bronchitis	<input type="checkbox"/> YES <input type="checkbox"/> NO
Uncontrolled Asthma	<input type="checkbox"/> YES <input type="checkbox"/> NO
Stroke	<input type="checkbox"/> YES <input type="checkbox"/> NO
Immune Disorders (HIV, rheumatoid arthritis, cancer, etc.)	<input type="checkbox"/> YES <input type="checkbox"/> NO

Are you pregnant? YES NO N/A

Do you have the skin condition called *dermographism*? YES NO

Have you ever had a severe anaphylactic (allergic) reaction that required emergency medical attention? If yes, explain: YES NO

List all current medications, including prescribed and OTC medications:

NAME	TAKEN FOR	DOSE/FREQUENCY	DATE STARTED	LAST TIME TAKEN

Allergy History

When did allergies begin? (Year) _____

Do symptoms include itching and sneezing? YES NO

When do symptoms occur? (check all that apply)

- | | | | |
|-------------------------------------|--------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> All months | <input type="checkbox"/> April | <input type="checkbox"/> July | <input type="checkbox"/> October |
| <input type="checkbox"/> January | <input type="checkbox"/> May | <input type="checkbox"/> August | <input type="checkbox"/> November |
| <input type="checkbox"/> February | <input type="checkbox"/> June | <input type="checkbox"/> September | <input type="checkbox"/> December |
| <input type="checkbox"/> March | | | |

When are symptoms worse?

- | | | | |
|----------------------------------|------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Morning | <input type="checkbox"/> Afternoon | <input type="checkbox"/> Evening | <input type="checkbox"/> Night |
| <input type="checkbox"/> At home | <input type="checkbox"/> At work | <input type="checkbox"/> At school | <input type="checkbox"/> Other location: _____ |
| Symptoms are: | <input type="checkbox"/> Constant | <input type="checkbox"/> Occasional | <input type="checkbox"/> Rare |

Symptoms interfere with activities:

- Not at all Mildly Moderately All the time

Which of the following cause or make symptoms worse? (Check all that apply)

- FOOD**
- | | | | | |
|----------------------------------|--|------------------------------------|---|---|
| <input type="checkbox"/> Meat | <input type="checkbox"/> Wine | <input type="checkbox"/> Mushrooms | <input type="checkbox"/> Milk / milk products | <input type="checkbox"/> Fruit juices |
| <input type="checkbox"/> Beer | <input type="checkbox"/> Cheese | <input type="checkbox"/> Poultry | <input type="checkbox"/> Fish | <input type="checkbox"/> Wheat products |
| <input type="checkbox"/> Nuts | <input type="checkbox"/> Chicken | <input type="checkbox"/> Vinegar | <input type="checkbox"/> Eggs/egg products | <input type="checkbox"/> Vegetables |
| <input type="checkbox"/> Liquors | <input type="checkbox"/> Other: (list all) _____ | | | |

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ENVIRONMENT

- | | | | | |
|---------------------------------------|---|--|---|--|
| <input type="checkbox"/> Wind | <input type="checkbox"/> Smoke | <input type="checkbox"/> Barns/Hay | <input type="checkbox"/> High pollution | <input type="checkbox"/> Damp areas |
| <input type="checkbox"/> Soap | <input type="checkbox"/> Powder | <input type="checkbox"/> Mowing lawns | <input type="checkbox"/> Insecticides | <input type="checkbox"/> Dust |
| <input type="checkbox"/> Paint fumes | <input type="checkbox"/> Perfumes | <input type="checkbox"/> Cosmetics | <input type="checkbox"/> Newspapers | <input type="checkbox"/> Wool |
| <input type="checkbox"/> House plants | <input type="checkbox"/> Weather change | <input type="checkbox"/> Wet weather | <input type="checkbox"/> Dry weather | <input type="checkbox"/> Hot day |
| <input type="checkbox"/> Cold day | <input type="checkbox"/> Air-conditioning | <input type="checkbox"/> Travel | <input type="checkbox"/> Household plants | <input type="checkbox"/> Feather pillows |
| <input type="checkbox"/> Hay | <input type="checkbox"/> Cut grass | <input type="checkbox"/> Cut flowers | <input type="checkbox"/> Rugs/rug pads | <input type="checkbox"/> Christmas trees |
| <input type="checkbox"/> Stuffed toys | <input type="checkbox"/> Furniture | <input type="checkbox"/> Other: (list all) _____ | | |

Indoors, explain: _____

Outdoors, explain: _____

PETS

- Birds
 Cat: Indoor / Outdoor
 Dog: Indoor / Outdoor
 Cattle
 Horse
 Other: (list) _____

Place X under self or age of family members with any of the following medical conditions:

Condition	Self	Father	Mother	Brothers	Sisters	Children
Migraine						
Hay Fever						
Hives						
Eczema						
Asthma						
Food Allergies						

Allergy Care History

List any OTC or Prescribed medications taken for allergy symptoms and when:

NAME	DOSE/FREQUENCY	DATE STARTED	LAST TIME TAKEN

Other

- Have you (patient) had an allergy shot in the last two weeks? YES NO If yes, explain _____
 Have you (patient) had any vaccine within the last 48 hours? YES NO If yes, explain _____
 Do you (patient) have an allergy to latex? YES NO If yes, explain _____
 Do you (patient) have an allergy to rubbing alcohol? YES NO If yes, explain _____
 Do you (patient) have an allergy to any medications? YES NO If yes, explain _____

For Provider Use Only:

NOTES:

_____	_____	____/____/____
Patient/Guardian Printed Name	Patient/Guardian Signature	Date
_____	_____	____/____/____
Provider Printed Name	Provider Signature	Date