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Patient Name _____

D.O.B _____

WHAT IS A PREVENTIVE EXAM?

Also called a Physical, Wellness Exam, or Annual Exam

A Preventive Exam is a medical evaluation that focuses on preventative care.

It includes: an age and gender appropriate history, an examination, a review of risk factors and plans to reduce them and ordering of appropriate immunizations, screening laboratory tests, ultrasound, or diagnostic procedures.

What does this mean?

A Preventive Exam is a periodic exam that covers all prevention and health maintenance issues related to age, sex, and family history, it is strictly a "Well Exam".

A Preventive Exam is not a follow up visit or a problem-based visit. A preventative exam does not include Medication Refills, Medical Conditions Management, or New Conditions and/or Illness diagnosis and Treatment.

A SECOND Service May Be Necessary

If time allows and dependent on the judgement of the provider, new problems or chronic disease follow up issues may be addressed as a SECOND service during this visit. Examples of chronic issues are but not limited to Hypertension, High Cholesterol, Depression/Anxiety, ADD, Weight Loss, Diabetes management and Medication refills, etc.

NOTE: YOUR insurance plan may require a copay or apply charges to your deductible for a SECOND service provided during a Preventive Exam visit.

***Physical Labs may not be covered in full by your insurance. Quest Diagnostics provides estimates for lab costs based on your insurance coverage BEFORE blood is drawn. Reach out to Quest Diagnostics at 1-866-697-8378 for any lab billing questions.**

Patient Signature

Date